

THE BAMBURGH CASTLE INN

ALLERGENS ON OUR MENUS

For those who have an allergic reaction to specific ingredients in food, even a trace of it being present can be extremely dangerous. A European Union directive has identified fourteen allergens that must be identified in every dish we serve and below is the breakdown of our menu, highlighting each allergen as it occurs in our recipes.

Many of these allergens are present in our kitchens in some items, and in the normal operation of our business we cannot guarantee product separation and no cross-contamination of traces of these allergens. There is a risk that items in your dish may have accidentally come into contact with an allergen at any point in time. When you arrive please inform us if you have a food allergy before you order. We will assist you making your menu choice, and will take all reasonable steps to minimise the risk of cross-contamination during the preparation of your meal.

The allergens identified here are based on ingredients from our approved suppliers. From time-to-time we may have to temporarily substitute a product from a different source and the ingredients may differ slightly – if you have any concerns please ask your server to check with our chefs.

| Celery | Crustacean | Eggs | Fish | Gluten | Lupin Flour | Milk | Molluscs | Mustard | Nut | Peanut | Sesame | Soya Beans | Sulphites |
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|
|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|

BREAKFAST & BRUNCH

| | | | | | | | | | | | | | |
|-------------------------------|---|---|--|---|--|--|--|--|--|--|---|--|---|
| Bacon Sandwich | | | | ✓ | | | | | | | ✓ | | |
| Bacon & Egg Sandwich | | ✓ | | ✓ | | | | | | | ✓ | | |
| Sausage & Egg Sandwich | ✓ | ✓ | | ✓ | | | | | | | ✓ | | ✓ |
| Sausage Sandwich | ✓ | | | ✓ | | | | | | | ✓ | | ✓ |
| Bacon & Sausage Sandwich | ✓ | | | ✓ | | | | | | | ✓ | | ✓ |
| Bacon, Sausage & Egg Sandwich | ✓ | ✓ | | ✓ | | | | | | | ✓ | | ✓ |
| Toast & Jam | | | | ✓ | | | | | | | | | |

STARTERS

| | | | | | | | | | | | | | |
|------------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Soup of the Day | ✓ | | | ✓ | | ✓ | | ✓ | | | | | |
| Deep-fried Potato Skins | | ✓ | ✓ | ✓ | | | ✓ | ✓ | | | | ✓ | |
| Smoked Mackerel Pâté | | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | | | |
| Antipasto | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ |
| Gorgonzola Mushrooms | | | | ✓ | | ✓ | | | | | ✓ | | |
| Brown Lentil & Mushroom Pâté | ✓ | ✓ | ✓ | ✓ | | ✓ | | ✓ | ✓ | | ✓ | ✓ | ✓ |
| Caprese Salad | | | ✓ | ✓ | | ✓ | | | | | | | |
| Prawn & Oak Smoked Salmon Cocktail | ✓ | ✓ | ✓ | ✓ | | | | ✓ | | | | | |



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MAINS

| | | | | | | | | | | | | | |
|---------------------------------------|---|---|---|---|---|---|--|---|---|---|---|---|---|
| Bamburgh Castle Inn Burger | | | ✓ | ✓ | | ✓ | | ✓ | | | | | ✓ |
| Black Pudding & Onion Pork Burger | | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Lamb Kofta Kebab | | | ✓ | ✓ | | | | ✓ | | | ✓ | | |
| Pork Loin Steak | | | | ✓ | | ✓ | | ✓ | | | | | |
| Rib-Eye Steak | | | | ✓ | | ✓ | | ✓ | | | | | |
| Steak & Ale Pie | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | |
| Chicken Gorgonzola | | | | | | ✓ | | | | | | | |
| Spicy Salmon Fillet | | | | ✓ | | ✓ | | | | | | | |
| Chicken Tikka Masala | ✓ | | | | | ✓ | | ✓ | ✓ | ✓ | | | |
| Chicken Narpizza | ✓ | | | | | ✓ | | ✓ | ✓ | ✓ | | | |
| Steamed Fillet of Seabass | | ✓ | | ✓ | ✓ | ✓ | | | | | | | |
| Smoked Salmon, Prawn & Mackerel Salad | | ✓ | ✓ | ✓ | | | | ✓ | | | | | |
| Battered Fish & Chips | | | | ✓ | ✓ | | | ✓ | | | | ✓ | |
| Wholetail Breaded Scampi | | ✓ | ✓ | | ✓ | | | ✓ | | | | | |

MEAT FREE

| | | | | | | | | | | | | | |
|--------------------------------|---|--|---|---|--|---|--|---|--|--|---|--|--|
| Sweet Potato & Chickpea Burger | | | | ✓ | | | | | | | ✓ | | |
| Feta, Spinach & Tomato Penne | | | ✓ | ✓ | | ✓ | | | | | | | |
| Gorgonzola Mushrooms | | | | | | ✓ | | | | | | | |
| Puy Lentil Bolognese | ✓ | | | ✓ | | | | ✓ | | | | | |

SUNDAY CARVERY

| | | | | | | | | | | | | | |
|-----------------|---|--|---|---|--|---|--|---|--|--|--|---|--|
| Topside of Beef | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | |
| Loin of Pork | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | |
| Roast Turkey | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | |

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CHILDREN'S MENU

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|----------------------------|---|---|---|---|--|---|--|---|--|--|--|---|---|
| Cheese & Tomato Pizza | | | | ✓ | | ✓ | | | | | | | |
| Chargrilled Chicken Breast | | | | | | | | ✓ | | | | | ✓ |
| Wholetail Scampi | | ✓ | ✓ | ✓ | | | | ✓ | | | | | |
| Fish & Chips | | | ✓ | ✓ | | | | ✓ | | | | | |
| Steak & Ale Pie | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | |
| Beef Burger | | | ✓ | ✓ | | ✓ | | | | | | | ✓ |
| Penne Pasta | | | | ✓ | | | | | | | | | |

SIDES

| | | | | | | | | | | | | | |
|----------------------|---|--|---|---|--|---|--|---|--|--|---|---|---|
| Chips | | | | ✓ | | | | | | | | | |
| Onion Rings | | | | ✓ | | | | ✓ | | | | | |
| Side Salad | | | | | | | | ✓ | | | | | ✓ |
| Seasonal Vegetables | | | | | | | | | | | | | |
| Baby Potatoes | | | | | | | | | | | | | |
| Garlic Bread | | | | ✓ | | ✓ | | | | | | | |
| Homemade Coleslaw | | | ✓ | | | | | ✓ | | | | | |
| Floured Bap & Butter | | | | ✓ | | ✓ | | | | | ✓ | | |
| Peppercorn Sauce | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | |
| Blue Cheese Sauce | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | |
| Garlic Cream Sauce | | | | | | ✓ | | | | | | | |

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|--------|------------|------|------|--------|-------------|------|----------|---------|-----|--------|--------|------------|-----------|

LIGHT LUNCH

| | | | | | | | | | | | | | |
|-------------------------|---|---|---|---|---|---|--|---|--|--|---|---|---|
| Wholetail Scampi | | ✓ | ✓ | ✓ | | | | ✓ | | | | | |
| Fish & Chips | | | ✓ | ✓ | ✓ | | | ✓ | | | | ✓ | |
| Hot Sandwich of the Day | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | ✓ | ✓ | ✓ |
| Fish Finger Sandwich | | | ✓ | ✓ | ✓ | | | ✓ | | | ✓ | ✓ | |
| Classic Caesar Salad | ✓ | | ✓ | ✓ | ✓ | ✓ | | | | | | ✓ | |

DESSERTS

| | | | | | | | | | | | | | |
|--------------------------------------|--|--|---|---|--|---|--|--|---|---|---|---|---|
| Sticky Toffee Pudding | | | ✓ | ✓ | | ✓ | | | ✓ | | | | |
| Lemon Drizzle Sponge | | | ✓ | ✓ | | ✓ | | | | | | | |
| Banoffee Cheesecake | | | | ✓ | | ✓ | | | | | | | |
| Homemade Strawberry Roulade | | | ✓ | ✓ | | ✓ | | | | | | | |
| Chocolate Fudge Cake | | | ✓ | | | | | | | | | | |
| Lemon Sorbet | | | | | | | | | | | | | |
| Cookie & Unicorn Swirl Sundae | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | | ✓ | |
| Spurreli's of Amble Luxury Ice Cream | | | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ |

SANDWICHES

| | | | | | | | | | | | | | |
|--------------------------------|--|--|---|---|---|---|--|---|--|--|--|---|---|
| Ploughman's Salad | | | ✓ | ✓ | | ✓ | | ✓ | | | | ✓ | ✓ |
| Tuna Mayonnaise with Red Onion | | | ✓ | ✓ | ✓ | ✓ | | ✓ | | | | ✓ | |
| Smoked Salmon & Cream Cheese | | | ✓ | ✓ | ✓ | ✓ | | | | | | ✓ | |
| Egg Mayonnaise | | | ✓ | ✓ | | ✓ | | | | | | ✓ | |
| Chicken Taco & Salad Wrap | | | ✓ | ✓ | | | | | | | | ✓ | ✓ |
| Houmous, Onion Chutney & Feta | | | ✓ | ✓ | | | | ✓ | | | | ✓ | ✓ |